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to correct and restore vision naturally without the use of glasses, contact lenses, or The Bates Method for Better Eyesight Without Glasses, W.H. Bates, M.D., Henry Holt The Art of Seeing, Aldous Huxley, Creative Arts Book Company, 1982. • Improve Your Vision without Glasses or Contact Lenses: A New Program of.

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Natural Eyes | Natural Perfect Eyesight

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